

# Skin, Laser & Hair transplant clinic

**Courses for Counsellor** 

# Basic Certificate Course in Counselling (Cosmetology):-

## INTRODUCTION

- Introduction to the World of Counselling
- Introduction to the Diploma in cosmetology

### • SKIN

- Structure & Function
- Skin Appendages
- Skin Types
- Common Skin Diseases

# • HAIR: -

- HAIR
- Structure & Function
- Normal Hair Growth
- Hair Types
- Common Hair Problems: Dandruff, Hair loss
- Skin and Hair analysis:-
  - Face Skin examination :- Face analyser training
  - Skin :- Dermatoscope training
  - Hair: -Trichoscope training
- Nail:-
  - Nail structure
  - Nail function
  - Nail common disease
- Skin disease
  - Basic understanding
  - Acne

- Allergy
- Dandruff
- Warts
- Alopecia
- Keloid
- Urticarial
- Sexual disease
- Herpes

### CHEMICAL PEEL

- 1) Superficial Peels
- 2) Combination Chemical Peels
- 3) Peels Classification
- 4) Peels Characteristics
- Understanding of Different Peels
- Patient Evaluation
- Indications/Precautions
- Patient Selection
- SKIN CONDITIONING
  - Indications/ Contraindications
  - Side Effects
  - Results
  - Skin Regimen
  - CHEMICAL PEELINGS:
    - Superficial Peels
    - Combination Chemical Peels
    - Pigmentation of the Face:- Evaluation and Treatment

### LASERS THERAPY

- Introduction to Lasers
- History, Laser Physics & Vocabulary
- Types of Lasers
- Laser & Skin Interaction
- Laser Chromophores
- Choosing Appropriate Settings
- Available Aesthetic Laser Technologies in the World
- Newer Technologies IPL, Diode laser, Pico Laser, RF, IR, Fraxel, Infrared Devices.
- Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/ Hazard/ Access and Signage

• Patient Psychology and Expectation

#### • PRP (PLATELET RICH PLASMA)

- Platelet biology
- What is PRP
- Different growth factors and their function
- PRP devices and processing PRP
- Centrifugation method
- Creation and activation of PRP
- Indications of PRP
- Contraindication of PRP
- Use of PRP in hair Restoration therapy
- Use of PRP in skin Rejuvenation treatment

#### • Radiofrequency –

- detail discussion
- machine learning
- hands on

#### • Electro-cautery

- detail discussion
- machine learning
- hands on

#### • Vitiligo

- Diseases explanation
- Counselling of patient
- Laser therapy
- Vitiligo surgery

- Low-level laser (light) therapy (LLLT):-
  - What is it
  - Indication
  - Uses
  - Safety
  - Side effects
- Medico-Legal Aspects of Cosmetic Dermatology and Counselling part
- Ethics in Cosmetic Practice

Eligibility	Duration	Woking hours	How to apply	Fee
Degree and	45 days	10AM-2PM, 4PM	Through the mail	
above		– 7PM		

- Counselling
- RF tightening
- Cry lipolysis technique
- Nutritional plan
- Workout plan

#### • Hair transplant brief

- Basic knowledge
- Counselling
- FUE
- FUT
- Skinaa Hair Mediwig introduction
- Medico-Legal Aspects of Cosmetic Dermatology
- Ethics in Cosmetic Practice
- What to buy and Where to Buy

Eligibility	Duration	Woking hours	How to apply	Fee
Master degree	45 days	10AM-2PM, 4PM	Through the mail	
		– 7PM		