

Skin_{aa}

Skin, Laser & Hair transplant clinic

BASIC CERTIFICATE COURSE IN COSMETOLOGY

❖ **INTRODUCTION**

- 1) Introduction to the World of Cosmetology
- 2) Introduction to the Diploma in cosmetology

❖ **SKIN**

- 1) Structure & Function
- 2) Skin Appendages
- 3) Skin Types
- 4) Common Skin Diseases

❖ **HAIR: -**

1. HAIR
2. Structure & Function
3. Normal Hair Growth
4. Hair Types
5. Common Hair Problems: Dandruff, Hair loss

❖ **Skin and Hair analysis:-**

1. Face Skin examination :- Face analyser training
2. Skin :- Dermatoscope training
3. Hair: -Trichoscope training

❖ **Nail:-**

1. Nail structure
2. Nail function
3. Nail common disease

❖ **Skin disease**

- 1) Basic understanding
- 2) Acne
- 3) Allergy
- 4) Dandruff
- 5) Warts
- 6) Alopecia
- 7) Keloid
- 8) Urticarial
- 9) Sexual disease
- 10) Herpes

❖ **CHEMICAL PEEL**

- 1) Superficial Peels
- 2) Combination Chemical Peels
- 3) Peels Classification
- 4) Peels Characteristics
- 5) Understanding of Different Peels
- 6) Patient Evaluation
- 7) Indications/Precautions
- 8) Patient Selection
- 9) **SKIN CONDITIONING**
 - Indications/ Contraindications
 - Side Effects
 - Results
 - Skin Regimen
- 10) **CHEMICAL PEELINGS:**
 - Superficial Peels
 - Combination Chemical Peels
 - Pigmentation of the Face:- Evaluation and Treatment

❖ **LASERS THERAPY**

- 1) Introduction to Lasers
- 2) History, Laser Physics & Vocabulary
- 3) Types of Lasers
- 4) Laser & Skin Interaction
- 5) Laser Chromophores
- 6) Choosing Appropriate Settings
- 7) Available Aesthetic Laser Technologies in the World
- 8) Newer Technologies – IPL, Diode laser, Pico Laser, RF, IR, Fraxel, Infrared Devices.
- 9) Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/ Hazard/ Access and Signage
- 10) Patient Psychology and Expectation

❖ **PRP (PLATELET RICH PLASMA)**

- 1) Platelet biology
- 2) What is PRP
- 3) Different growth factors and their function
- 4) PRP devices and processing PRP
- 5) Centrifugation method
- 6) Creation and activation of PRP
- 7) Indications of PRP
- 8) Contraindication of PRP
- 9) Use of PRP in hair Restoration therapy
- 10) Use of PRP in skin Rejuvenation treatment

❖ **Radiofrequency –**

- 1) detail discussion
- 2) machine learning
- 3) hands on

❖ **Electro-cautery**

- 1) detail discussion
- 2) machine learning
- 3) hands on

❖ **Vitiligo**

- 1) Diseases explanation
- 2) Counselling of patient
- 3) Laser therapy
- 4) Vitiligo surgery

❖ **Low-level laser (light) therapy (LLLT):-**

1. What is it
2. Indication
3. Uses
4. Safety
5. Side effects

❖ **Medico-Legal Aspects of Cosmetic Dermatology**

❖ **Ethics in Cosmetic Practice**

❖ **What to buy and Where to Buy**

Eligibility	Duration	Working hours	How to apply	Fee
12th Pass	45 days	10am to 2 pm, 4 pm to 8 pm	Through the mail	