

Skin, Laser & Hair transplant clinic

**Courses for Counsellor** 

# Advance Certificate Course in Counselling (Cosmetology)

## **INTRODUCTION**

- Introduction to the World of Cosmetology
- Introduction to the Advanced Diploma in cosmetology

#### SKIN

- Structure & Function
- Skin Appendages
- Skin Types
- Common Skin Diseases
- HAIR: -
  - HAIR
  - Structure & Function
  - Normal Hair Growth
  - Hair Types
  - Hair Problems: Dandruff, Hair loss

#### Nail:-

- Nail structure
- Nail function
- Nail common disease

## • Skin and Hair analysis:-

- Face Skin examination :- Face analyser training
- Skin :- Dermatoscope training
- Hair: -Trichoscope training

## • CHEMICAL PEEL

- 1) Superficial Peels
- 2) Combination Chemical Peels
- 3) Peels Classification

- 4) Peels Characteristics
- Understanding of Different Peels
- Patient Evaluation
- Indications/Precautions
- Patient Selection

#### SKIN CONDITIONING

- Indications/ Contraindications
- Side Effects
- Results
- Skin Regimen

## CHEMICAL PEELINGS:

- Superficial Peels
- Combination Chemical Peels
- Pigmentation of the Face-Evaluation and Treatment

#### LASERS THERAPY

- Introduction to Lasers
- History, Laser Physics & Vocabulary
- Types of Lasers
- Laser & Skin Interaction
- Laser Chromophores
- Choosing Appropriate Settings
- Available Aesthetic Laser Technologies in the World
- Newer Technologies IPL, Diode laser, Pico Laser, RF, IR, Fraxel, and Infrared Devices.
- Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/ Hazard/ Access and Signage
- Patient Psychology and Expectation

## PRP (PLATELET RICH PLASMA)

- Platelet biology
- What is PRP
- Different growth factors and their function
- PRP devices and processing PRP
- Centrifugation method
- Creation and activation of PRP
- Indications of PRP
- Contraindication of PRP
- Use of PRP in hair Restoration therapy
- Use of PRP in skin Rejuvenation treatment.

#### • Microdermabrasion:-

• What is it?

Uses Assessment of result • Side effect Cosmetic Counselling of the patient :-• Why counselling is necessary in cosmetology How to do Rules of counselling Benefits of counselling Low-level laser (light) therapy (LLLT):-• What is it Indication Uses Safety Side effects **Antiaging treatment counselling** 

- Counselling
- Botox

• Indication

- Fillers
- Threadlift
- Skin tightening

# body contouring or slimming brief

Detail discussion

- Counselling
- RF tightening
- Cry lipolysis technique
- Nutritional plan
- Workout plan

# • Hair transplant brief

- Basic knowledge
- Counselling
- FUE
- FUT
- Skinaa Hair Mediwig introduction
- Medico-Legal Aspects of Cosmetic Dermatology
- Ethics in Cosmetic Practice
- What to buy and Where to Buy

Eligibility	Duration	Woking hours	How to apply	Fee
Master degree	45 days	10AM-2PM, 4PM	Through the mail	
		– 7PM		