

Skinaa

Skin, Laser & Hair transplant clinic

ADVANCE CERTIFICATE COURSE IN COSMETOLOGY

❖ INTRODUCTION

1. Introduction to the World of Cosmetology
2. Introduction to the Advanced Diploma in cosmetology

❖ SKIN

1. Structure & Function
2. Skin Appendages
3. Skin Types
4. Common Skin Diseases

❖ HAIR: -

6. HAIR
7. Structure & Function
8. Normal Hair Growth
9. Hair Types
10. Hair Problems: Dandruff, Hair loss

❖ Nail:-

4. Nail structure
5. Nail function
6. Nail common disease

❖ Skin and Hair analysis:-

1. Face Skin examination :- Face analyser training
2. Skin :- Dermatoscope training
3. Hair: -Trichoscope training

❖ CHEMICAL PEEL

- 1) Superficial Peels
- 2) Combination Chemical Peels
- 3) Peels Classification
- 4) Peels Characteristics
5. Understanding of Different Peels
6. Patient Evaluation
7. Indications/Precautions
8. Patient Selection
9. **SKIN CONDITIONING**
 - Indications/ Contraindications
 - Side Effects
 - Results
 - Skin Regimen

10. CHEMICAL PEELINGS:

- Superficial Peels
- Combination Chemical Peels
- Pigmentation of the Face-Evaluation and Treatment

❖ **LASERS THERAPY**

1. Introduction to Lasers
2. History, Laser Physics & Vocabulary
3. Types of Lasers
4. Laser & Skin Interaction
5. Laser Chromophores
6. Choosing Appropriate Settings
7. Available Aesthetic Laser Technologies in the World
8. Newer Technologies – IPL, Diode laser, Pico Laser, RF, IR, Fraxel, and Infrared Devices.
9. Laser Safety: Contraindications/ Eye Protection/ Flammable Liquids and Gases/ Smoke/ Hazard/ Access and Signage
10. Patient Psychology and Expectation

❖ **PRP (PLATELET RICH PLASMA)**

1. Platelet biology
2. What is PRP
3. Different growth factors and their function
4. PRP devices and processing PRP
5. Centrifugation method
6. Creation and activation of PRP
7. Indications of PRP
8. Contraindication of PRP
9. Use of PRP in hair Restoration therapy
10. Use of PRP in skin Rejuvenation treatment.

❖ **Microdermabrasion:-**

1. What is it?
2. Indication
3. Uses
4. Assessment of result
5. Side effect

❖ **Cosmetic Counselling of the patient :-**

1. Why counselling is necessary in cosmetology
2. How to do
3. Rules of counselling
4. Benefits of counselling

❖ **Low-level laser (light) therapy (LLLT):-**

1. What is it
2. Indication
3. Uses
4. Safety
5. Side effects

❖ **Antiaging treatment counselling**

- 1) Counselling
- 2) Botox
- 3) Fillers
- 4) Threadlift
- 5) Skin tightening

❖ **body contouring or slimming brief**

- a. Detail discussion
- b. Counselling
- c. RF tightening
- d. Cry lipolysis technique
- e. Nutritional plan
- f. Workout plan

❖ **Hair transplant brief**

- 1) Basic knowledge
- 2) Counselling
- 3) FUE
- 4) FUT

- ❖ Skinaa Hair Mediwig introduction
- ❖ Medico-Legal Aspects of Cosmetic Dermatology
- ❖ Ethics in Cosmetic Practice
- ❖ What to buy and Where to Buy

Eligibility	Duration	Working hours	How to apply	Fee
Graduate	3months	10am to 2pm, 4pm to 8pm	Through the mail	